



Friday 8th March 2024

Dear Parents/Carers,

I hope that you all had a good week.

I am writing with my usual weekly letter of news and information. I can be contacted at [exehead@aspire-kent.org.uk](mailto:exehead@aspire-kent.org.uk) between 8am - 5pm Monday to Friday for queries and questions. Also Lauren my PA can be contacted at [lriby@aspire-kent.org.uk](mailto:lriby@aspire-kent.org.uk). Any requests for meetings or appointments can be made through Lauren - thank you.

### **FREE Activities for those eligible to Free School Meals-**

There are FREE 'Schools Out' Activity Clubs for children on Free School Meals from 5 to 12 years old at Greenfields (Shepway) and South Borough (Tovil).

Please register as soon as possible to avoid disappointment via the HAF Evoucher/Wonde ([www.holidayactivities.com](http://www.holidayactivities.com)) booking system for FSM for the following dates:

### **Monday 8 April 2024 to Thursday 11 April 2024**

Eligible pupils and parents can access our programme via [www.holidayactivities.com](http://www.holidayactivities.com) and by looking for:

SITC @ South Borough, Tovil  
SITC @ Greenfields, Shepway

**Please note that this is a funding requirement booking.**

### **Mega Camps-**

Mega Camps are back this Easter providing school holiday childcare and activities for the local children of Upminster and surrounding areas.

**Mega Camps Maidstone** location is based at **New Line Learning Academy** and will be running from the **2nd - 12th April 2024**.

All the Mega Camps locations are Ofsted registered and accept children ages 4 - 14 every school holiday. There will be an action packed timetable for the children this Easter, including Animal Workshops, Wall Climbing, Dance Workshops, Nerf Wars, Inflatable Fun, Sports, Easter Themed Arts and Crafts plus much more.

Please see the attached brochure for more information or visit <https://www.megacamps.net>.

### **Maidstone MIND-**

Maidstone Mind are currently offering support for new parents and pregnant people. **This support is fully funded and FREE to attend.**

This offer includes-

- 4 weeks of one-to-one sessions with a Well-being coach (these can be virtual). These are a chance to look at anxiety coping techniques and support with mental health and wellbeing.
- 4 week group Parenting Wellbeing course either face to face or virtual. This can be both pregnancy and postnatal.
- 5 weeks of Buggy and Talk at Mote Park, led by wellbeing coaches.

**For more information you can call 01622 692383 or visit <https://www.maidstonemind.org/mid-kent-mind-home/>.**

There are also a few leaflets attached to this letter for more information.

### **Winter Energy Support Scheme-**

A reminder that the Winter Energy Support scheme has been extended **until midday 21<sup>st</sup> March.**

This scheme offers additional support of £100 to be used to help with energy funds for those who qualify.

More information and how to apply and eligibility can be found here [Household Support Fund - Kent County Council](#)

Wishing you all a lovely and restful weekend.

Kind regards,

Emma Hickling  
Executive Headteacher