



8th December 2023

Dear Parents/carers,

As per my letter last year, I am writing to you as Subject Lead for 'Life Skills', our PHSCE/Health and Relationship Education curriculum, to let you know that we will be covering 'Safety and The Changing Body' again this year in Term 3.

None of the vocabulary has changed since last year and we will again be covering age specific content with regard to when the body changes, how the body changes and emotional feelings. Children will also be taught specific labels of body parts - each lesson age-related and age-specific. These will be taught from a scientific viewpoint.

Please be aware that we have opted out of 'sexual education' as this is not a statutory requirement at primary school age, so your child/ren will not be taught about conception, pregnancy or giving birth.

Please note, the topic is only delivered in one or two lessons, and is not covered throughout the whole of the term.

Mixed age classes will be taught the lower vocabulary list and/or classes split for the specific content relevant to their age group. A child may cover vocabulary in a lower year group's list either to recap, or be taught as a whole class.

Whilst you cannot opt your child out of the statutory Health and Relationship education which we have to cover in primary school, I have attached a vocabulary list specific to each year group that will be covered next term, as I understand you may want the opportunity to discuss any of the following vocabulary with your child/ren before Term 3.

If you have any questions, please do not hesitate to contact me via your school office.

Kindest Regards,

Mrs Sanchez Daviu

### Term 3 - Life Skills - Year Group Vocab List

| Year Group       | Lesson Title  | Vocabulary Covered   |
|------------------|---|--|
| Year R<br>Year 1 |   | There are no body specific words within their curriculum topic   |
| Year 2           | <i>Appropriate Contact: My private parts</i><br><br><i>My Private parts are private</i> | penis, vulva (sometimes called the vagina, but vulva is the correct terminology), arm, leg, hand, wrist, neck, head, knee, foot, Ankle, elbow, private parts, report<br><br>Surprise, safe touch, unsafe touch, PANTS rule, private parts, vulva, penis, testicles, secret, report   |
| Year 3           |   | There are no body specific words within their curriculum topic   |
| Year 4           | <i>Introducing Puberty</i><br><br><i>Growing up</i>                                     | change, exciting, worries, physical, height, breasts, genitals<br>Penis, testicles/testes, hips, waist, shoulders, chest hair, puberty hygiene<br><br>child, adult, change, grow<br>Develop, physical changes  |
| Year 5           | <i>Puberty</i><br><br><i>Menstruation</i><br><br><i>Emotional changes in puberty</i>    | puberty, change, cervix, ovary, fallopian tube, uterus, vagina<br>vulva, clitoris, urethra, vaginal opening, labia, penis bladder, testicle, sperm, duct, scrotum, breasts, nipples,<br>menstruation<br>menstruation/period, egg, ova, ovaries, fallopian tube, uterus, womb, bleeding, lining, sanitary products, towels,<br>Tampons, reusable products (period pants, cups), voice breaking, erections, wet dreams, ejaculation<br><br>attraction, puberty, change, feelings |

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|--------|--|--|
| Year 6 | <i>Physical and emotional changes in puberty</i> | puberty, change, cervix, ovary, fallopian tube, uterus, vagina, Vulva, clitoris, vaginal opening, labia, penis, bladder, testicle, Scrotum, sperm duct, breasts, nipples |
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